

Mary C. O'Brien Elementary School February 2026




Monday

Tuesday

Wednesday

Thursday

Friday

Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Pancakes or Cereal and or cheese stick Fruit / Juice / Milk	Cinnamon swirl or Cereal and or cheese stick Fruit / Juice / Milk	Peanut butter and jelly s/w or Cereal and or cheese stick Fruit / Juice / Milk	Cinnamon swirl or Cereal and or cheese stick Fruit / Juice / Milk	Waffles or Cereal and or cheese stick Fruit / Juice / Milk
	<i>Happy Valentine's Day</i>			
02 Lunch Corndog Carrots / green peas Fruit / Juice / Milk	03 Lunch Cheeseburger Potatoes / Veggies Fruit / Juice / Milk	04 Lunch Nachos or tacos Beans / Corn Fruit / Juice / Milk	05 Lunch Spaghetti / Cookie Broccoli / Carrots Fruit / Juice / Milk	06 Lunch Pizza Veggies Fruit / Juice / Milk
09 Lunch Hot dog Carrots / green peas Fruit / Juice / Milk	10 Lunch Cheeseburger Potatoes / Veggies Fruit / Juice / Milk	11 Lunch Nachos or tacos Beans / Corn Fruit / Juice / Milk	12 Lunch Spaghetti / Cookie Broccoli / Carrots Fruit / Juice / Milk	13 Lunch Pizza Veggies Fruit / Juice / Milk
16 No School!	17 Lunch Ranch chicken strips Potatoes / Veggies Fruit / Juice / Milk	18 Lunch Nachos or tacos Beans / Corn Fruit / Juice / Milk	19 Lunch Cheeseburger Broccoli / Carrots Fruit / Juice / Milk	20 Lunch Pizza Veggies Fruit / Juice / Milk
23 Lunch Corndog Carrots / green peas Fruit / Juice / Milk	24 Lunch Cheeseburger Potatoes / Veggies Fruit / Juice / Milk	25 Lunch Nachos or tacos Beans / Corn Fruit / Juice / Milk	26 Lunch Spaghetti / Cookie Broccoli / Carrots Fruit / Juice / Milk	27 Lunch Pizza Veggies Fruit / Juice / Milk
	A healthy diet and exercise are KEY to being fit!	Breakfast Menu Nutrient AVG Calories 423 Sodium (mg) 429 Total Fat (g) 4.4 Saturated Fat (g) 1.38 Trans Fat' (g) 0.00		Lunch Menu Nutrient AVG Calories 624 Sodium (mg) 917 Total Fat (g) 13 Saturated Fat (g) 3.86 Trans Fat' (g) 0.00
				

Assorted fruit, juice, fat-free chocolate and 1% white milk available for breakfast and lunch / Menu items subject to change due to availability.



USDA is an equal opportunity provider.