

# Mary C. O'Brien Elementary School February 2026

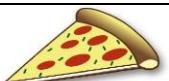
Monday

Tuesday

Wednesday

Thursday

Friday

Breakfast Pancakes or Cereal and or cheese stick Fruit / Juice / Milk	Breakfast Cinnamon swirl or Cereal and or cheese stick Fruit / Juice / Milk	Breakfast Peanut butter and jelly s/w or Cereal and or cheese stick Fruit / Juice / Milk	Breakfast Cinnamon swirl or Cereal and or cheese stick Fruit / Juice / Milk	Breakfast Waffles or Cereal and or cheese stick Fruit / Juice / Milk
	<i>Happy Valentine's Day</i>			
02      Lunch Corndog Carrots / green peas Fruit / Juice / Milk	03      Lunch Cheeseburger Potatoes / Veggies Fruit / Juice / Milk	04      Lunch Nachos or tacos Beans / Corn Fruit / Juice / Milk	05      Lunch Spaghetti / Cookie Broccoli / Carrots Fruit / Juice / Milk	06      Lunch Pizza Veggies Fruit / Juice / Milk
09      Lunch Hot dog Carrots / green peas Fruit / Juice / Milk	10      Lunch Cheeseburger Potatoes / Veggies Fruit / Juice / Milk	11      Lunch Nachos or tacos Beans / Corn Fruit / Juice / Milk	12      Lunch Spaghetti / Cookie Broccoli / Carrots Fruit / Juice / Milk	13      Lunch Pizza Veggies Fruit / Juice / Milk
16      No School!	17      Lunch Ranch chicken strips Potatoes / Veggies Fruit / Juice / Milk	18      Lunch Nachos or tacos Beans / Corn Fruit / Juice / Milk	19      Lunch Cheeseburger Broccoli / Carrots Fruit / Juice / Milk	20      Lunch Pizza Veggies Fruit / Juice / Milk
23      Lunch Corndog Carrots / green peas Fruit / Juice / Milk	24      Lunch Cheeseburger Potatoes / Veggies Fruit / Juice / Milk	25      Lunch Nachos or tacos Beans / Corn Fruit / Juice / Milk	26      Lunch Spaghetti / Cookie Broccoli / Carrots Fruit / Juice / Milk	27      Lunch Pizza Veggies Fruit / Juice / Milk
	A healthy diet and exercise are KEY to being fit!	Breakfast Menu Nutrient AVG Calories            423 Sodium (mg)       429 Total Fat (g)      4.4 Saturated Fat (g) 1.38 Trans Fat <sup>1</sup> (g) 0.00	Lunch Menu Nutrient AVG Calories            624 Sodium (mg)       917 Total Fat (g)      13 Saturated Fat (g) 3.86 Trans Fat <sup>1</sup> (g) 0.00	

Assorted fruit, juice, fat-free chocolate and 1% white milk available for breakfast and lunch / Menu items subject to change due to availability.



USDA is an equal opportunity provider.